

**BS-MD PRE-K
LUNCH MENU
JANUARY 2025**



Monday	Tuesday	Wednesday	Thursday	Friday
Week 1: 2/24	2/25	2/26	2/27	2/28
Cheeseburger, Roasted Broccoli and Carrots, Chilled Applesauce	Chicken Bowl with Mashed Potatoes, Sweet Corn, Gravy and Biscuit, Diced Peaches	Chicken Fajitas with salsa and sour cream, Spanish Rice, Chickpeas, Diced Pears	Crispy Chicken Sandwich, Roasted Broccoli, Fresh Banana	Cheese Pizza, Steamed Steamed Peas, Fresh Apples
American Sub, Broccoli and Carrots, Chilled Applesauce	Ham and Cheese Sub, Chilled Corn, Diced Peaches	American Sub, Chickpeas Diced Pears	BBQ Chicken Sandwich, Broccoli Florets, Fresh Banana	American Sub, Chilled Peas, Fresh Apples
Week 2: 3/3	3/04	3/5	3/6	3/7
Beef and Cheese Nachos with WG Brown Rice, Mexican Black Beans, Chilled Applesauce	Meatball Sub, Roasted Broccoli, Diced Peaches	Fish Sticks , Dinner Roll, Crinkle Cut French Fries, Diced Pears	Diced Chicken Tacos with WG Rice, Aztec Corn, Salsa, Sour Cream, Fresh Banana	Cheese Pizza, Steamed Carrots Coins, Fresh Apples
Italian Sub, Chilled Mixed Black Beans, Chilled Applesauce	Crispy Chicken Wrap, Steamed Carrots Coins, Diced Peaches	Hummus Wrap , Crinkle Cut French Fries, Diced Pears	Crispy Chicken Wrap, Broccoli Florets, Fresh Banana	Hummus Wrap , Baby Carrots, Fresh Apples
Week 3: 3/10	3/11	3/12	3/13	3/14
French Toast Sticks, Turkey Sausage, Tater Tots, Chilled Applesauce	Chicken Patty Sandwich, Peppers and onions, Diced Peaches	Hamburger, Roasted Garbanzo Beans, Diced Pears	Fish Sandwich, Baked French Fries, Fresh Banana	No School for Blessed Sacrament or Mater Dolorosa
Chicken Caesar Wrap, Broccoli Florets, Chilled Applesauce	Hummus Wrap, Fresh Broccoli Florets, Diced Peaches	Chicken Caesar Wrap, Garbanzo Beans, Diced Pears	Hummus Wrap, baby carrots Fresh Banana	
Week 4: 3/17	3/18	3/19	3/20	3/21
Grilled Chicken Sandwich with Cheese and Bacon, Roasted Carrot, Chilled Applesauce	Mozzarella Stuffed Breadsticks with Marinara Sauce, Roasted Broccoli, Chilled Peaches	Meatball Sub, Roasted Chickpeas, Diced Pears	Cheeseburger, Steamed Corn, Fresh Banana	Cheese Pizza, Cucumber Coins, Fresh Apples
Crispy Chicken Wrap, Baby Carrots, Chilled Applesauce	Turkey and Cheese Sub, Fresh Broccoli Florets, Chilled Peaches	Crispy Chicken Wrap, Chilled Chickpeas, Diced Pears	Turkey and Cheese Sub, Steamed Carrots Coins Fresh Banana	Hummus Wrap , Cucumber Coins, Fresh Apples
Week 4 3/24	3/25	3/26	3/27	3/28
Grilled Ham and Cheese Sandwich, Sweet Potato Fries, Fresh Orange	Mozzarella Stuffed Breadsticks with Marinara Sauce, Roasted Broccoli, Chilled Peaches	Meatball Sub, Roasted Chickpeas, Diced Pears	Cheeseburger, Steamed Corn, Fresh Banana	Cheese Pizza, Cucumber Coins, Fresh Apples
Turkey and Cheese Sandwich, Sweet Potato Fries, Chilled Applesauce	Turkey and Cheese Sub, Fresh Broccoli Florets, Chilled Peaches	Crispy Chicken Wrap, Celery Sticks, Diced Pears	Turkey and Cheese Sub, Chilled Corn, Fresh Banana	Hummus Wrap , Cucumber Coins, Fresh Apples
1% AND FAT FREE MILK OFFERED DAILY				
PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES			Menu items are subject to change	
This Institution is an Equal Opportunity Provider				

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