

GLUTEN FREE LUNCH MENU MAY 2022



Monday	Tuesday	Wednesday	Thursday	Friday
5/2	5/3	5/4	5/5	5/6
Sazon Chicken Sandwich on Gluten Free Roll, Baby Carrots, Fresh Fruit	Breakfast for Lunch (Gluten Free French Toast and Sausage with Syrup), Hash Brown Rounds, Blueberries	Roasted Chicken with Gluten Free Dinner Roll, Baked Beans, Fresh Fruit	Tacos Nachos (Plain Ground Beef no seasoning), Steamed Broccoli, Chilled Fruit	Cheese Pizza on Gluten Free Tortilla, Steamed Broccoli, Fresh Fruit
Fiesta Salad with Gluten Free Dinner Roll, Baby Carrots, Fresh Fruit	American Wrap on Gluten Free Tortilla, Chilled Peas, Blueberries	Fiesta Salad with Gluten Free Dinner Roll, Roasted Garbanzo Beans, Fresh Fruit	American Wrap on Gluten Free Tortilla, Fresh Broccoli Florets, Chilled Fruit	Fiesta Salad with Gluten Free Dinner Roll, Cole Slaw, Fresh Fruit
5/9	5/10	5/11	5/12	5/13
Grilled Chicken Wrap on Gluten Free Tortilla, Fresh Broccoli Florets, Fresh Fruit	Grilled Ham and Cheese Sandwich on Gluten Free Bread, Steamed Green Beans, Chilled Fruit	Pavo al Horno con Habichuelas Guisadas y Brown Rice, Steamed Carrots, Fresh Fruit	Gluten Chicken Nuggets with Potato Wedges, Gluten Free Dinner Roll, Baked Beans, Chilled Fruit	Cheese Pizza on Gluten Free Tortilla, Steamed Broccoli, Fresh Fruit
Chicken Caesar Salad (No Croutons) with Gluten Free Roll, Fresh Broccoli Florets, Fresh Fruit	Turkey BLT Sandwich on Gluten Free Bread, Zucchini Coins, Chilled Fruit	Chicken Caesar Salad (No Croutons) with Gluten Free Roll, Cherry Tomatoes, Fresh Fruit	Turkey BLT Sandwich on Gluten Free Bread, Roasted Garbanzo Beans, Chilled Fruit	Garden Green Salad (No Croutons) with Gluten Free Roll, Fresh Broccoli Florets, Fresh Fruit
5/16	5/17	5/18	5/19	5/20
Macaroni and Cheese with Gluten Free Pasta With Gluten Free Dinner Roll, Roasted Broccoli, Fresh Fruit	Giant Soft Chicken Taco on Gluten Free Tortilla, Black Beans, Chilled Fruit	Gluten Free Chicken Tenders with Mashed Potatoes and Gluten Free Dinner Roll, Aztec Corn, Fresh Fruit	Grilled Chicken Sandwich on Gluten Free Roll, Steamed Carrots, Chilled Fruit	Cheese Pizza on Gluten Free Tortilla, Steamed Green Beans, Roasted Garbanzo Beans, Fresh Fruit
Chef Salad with Gluten Free Dinner Roll, Fresh Broccoli Florets, Fresh Fruit	BBQ Chicken Sub on Gluten Free Roll, Black Beans, Chilled Fruit	Chef Salad with Gluten Free Dinner Roll, Chilled Peas, Fresh Fruit	BBQ Chicken Sub on Gluten Free Roll, Baby Carrots, Chilled Fruit	Chef Salad with Gluten Free Dinner Roll, Roasted Garbanzo Beans, Fresh Fruit
5/23	5/24	5/25	5/26	5/27
Salami and Cheese Sandwich on Gluten Free Bread, Fresh Broccoli Florets, Fresh Fruit	Buffalo Chicken Wrap on Gluten Free Tortilla, Chilled Peas, Baked Cinnamon Apples	Pernil al Horno served over Arroz con Habichuelas y Platanos, Steamed Carrots, Fresh Fruit	Hot Dog on Gluten Free Bun, Steamed Green Beans, Chilled Fruit	Pepperoni Pizza on Gluten Free Tortilla, Roasted Garbanzo Beans, Fresh Fruit
Grilled Chicken Salad with Gluten Free Dinner Roll, Fresh Broccoli Florets, Fresh Fruit	Grilled Chicken Salad with Gluten Free Dinner Roll, Fresh Broccoli Florets, Fresh Fruit	Salami and Cheese Sandwich on Gluten Free Bread, Baby Carrots, Fresh Fruit	Buffalo Chicken Wrap on Gluten Free Wrap, Zucchini Coins, Chilled Fruit	Grilled Chicken Salad with Gluten Free Dinner Roll, Roasted Garbanzo Beans, Fresh Fruit
5/30	5/31	6/1	6/2	6/3
NO SCHOOL	Cheeseburger on Gluten Free Roll, Baked Beans, Cole Slaw, Chilled Fruit	Sazon Pork Bowl, Roasted Broccoli and Carrots, Fresh Fruit	Chicken and Cheese Quesadilla on Gluten Free Tortilla, Steamed Carrots, Chilled Fruit	Cheese Pizza on Gluten Free Tortilla, Steamed Corn, Fresh Fruit
	Turkey and Cheese Sandwich on Gluten Free Bread, Roasted Garbanzo Beans, Cole Slaw, Chilled Fruit	Garden Green Salad with Gluten Free Roll, Fresh Broccoli Florets, Fresh Fruit	Turkey and Cheese Sandwich on Gluten Free Bread, Cherry Tomatoes, Chilled Fruit	Garden Green Salad with Gluten Free Roll, Chilled Peas, Fresh Fruit
1% AND FAT FREE FLAVORED MILK OFFERED DAILY SUNBUTTER AND JELLY SANDWICH ON GLUTEN FREE BREAD OFFERED DAILY				

PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES

Menu items are subject to change