



COVID SYMPTOMS and WHAT TO DO

Please STAY HOME if you have any of the symptoms listed.

Below is the full list of symptoms for which caregivers should monitor their children, and staff should monitor themselves:

- Fever (100.0° Fahrenheit or higher), chills, or shaking chills
- Cough (not due to other known cause, such as chronic cough)
- Difficulty breathing or shortness of breath
- New loss of taste or smell
- Sore throat *when in combination with other symptoms*
- Headache *when in combination with other symptoms*
- Muscle aches or body aches
- Nausea, vomiting, or diarrhea *when in combination with other symptoms*
- Fatigue *when in combination with other symptoms*
- Nasal congestion or runny nose (not due to other known causes, such as allergies) *when in combination with other symptoms*

Testing is recommended if you have Covid-like symptoms

If you choose to test:

NEGATIVE - return to school 24 hrs. after symptoms improve and fever free for 24 hrs. without medication

POSITIVE - return to school on **day 11 from symptom onset** and after symptoms improve and fever free for 24 hrs. without medication.

If you choose NOT to test:

QUARANTINE at home and come back to school on day 11 after symptoms improve and fever free for 24 hrs. without medication.

In addition to these guidelines, if your child is sent home or is staying home due to seasonal allergies, a doctor's note must be provided in order to return to school.

Additional Covid-19 health protocols and guidelines will be forthcoming