

**HOLYOKE PUBLIC SCHOOLS  
BLESSED SACRAMENT  
JANUARY 2021 LUNCH MENU**



Monday	Tuesday	Wednesday	Thursday	Friday
1/4	1/5	1/6	1/7	1/8
<p>1.Cheesy Elbow Pasta with Parmesan Breadstick, Steamed Broccoli, Fresh Apple, Milk</p> <p>2.Yo-To-Go Box, Celery Sticks, Fresh Apple, Milk</p> <p>3.Sunbutter and Jelly Sandwich, Celery Sticks, Fresh Apple, Milk</p>	<p>1.Breakfast for Lunch (Waffles and Sausage Patties with Syrup), Tater Tots, Chilled Fruit, Milk</p> <p>2.Turkey Sub Box, Baby Carrots, Chilled Fruit, Milk</p> <p>3.Sunbutter and Jelly Sandwich, Baby Carrots, Chilled Fruit, Milk</p>	<p>1.Nacho Rounds with Ground Beef and Cheese Sauce, Black Bean Salad, Fresh Banana, Milk</p> <p>2.Italian Sub Box, Black Beans, Fresh Banana, Milk</p> <p>3.Sunbutter and Jelly Sandwich, Black Beans, Fresh Banana, Milk</p>	<p>1.Crispy Chicken Patty on Whole Wheat Bun, Carrot Coins, Chilled Fruit, Milk</p> <p>2.Ham Sub Box, Chilled Corn, Chilled Fruit, Milk</p> <p>3.Sunbutter and Jelly Sandwich, Chilled Corn, Chilled Fruit, Milk</p>	<p>1.Sazon Shredded Chicken Sandwich, Corn, Fresh Orange, Rice Krispies Treat, Milk</p> <p>2.Turkey Sub Box, Fresh Broccoli, Fresh Orange, Rice Krispies Treat, Milk</p> <p>3.Sunbutter and Jelly Sandwich, Fresh Broccoli, Fresh Orange, Rice Krispies Treat, Milk</p>
1/11	1/12	1/13	1/14	1/15
<p>1.Pasta Bake with Meat Sauce and Garlic Dinner Roll, Broccoli Trees, Fresh Apple, Milk</p> <p>2.Pizza Bento Box, Fresh Broccoli, Fresh Apple, Milk</p> <p>3.Sunbutter and Jelly Sandwich, Fresh Broccoli, Fresh Apple, Milk</p>	<p>1.Chicken and Cheese Quesadilla, Black Beans, Chilled Fruit, Milk</p> <p>2.Yo-To-Go Box, Roasted Italian Chickpeas, Chilled Fruit, Milk</p> <p>3.Sunbutter and Jelly Sandwich, Roasted Italian Chickpeas, Chilled Fruit, Milk</p>	<p>1.Cheesburger on Whole Wheat Bun, Baked Beans, Fresh Banana, Milk</p> <p>2.Chicken Caesar Salad, Baby Carrots, Fresh Banana, Milk</p> <p>3.Sunbutter and Jelly Sandwich, Baby Carrots, Fresh Banana, Milk</p>	<p>1.Chicken Nuggets Bites with Dinner Roll, Fresh Zucchini Slices, Chilled Fruit, Milk</p> <p>2.Turkey Sub Box, Zucchini Coins, Chilled Fruit, Milk</p> <p>3.Sunbutter and Jelly Sandwich, Zucchini Coins, Chilled Fruit, Milk</p>	<p>1.Pernil al Horno served over Arroz con Habichuelas, Carrot Coins, Fresh Orange, Chocolate Chip Cookie, Milk</p> <p>2.Sandwich Bento Box, Chilled Peas, Fresh Orange, Chocolate Chip Cookie, Milk</p> <p>3.Sunbutter and Jelly Sandwich, Chilled Peas, Fresh Orange, Chocolate Chip Cookie, Milk</p>
1/18	1/19	1/20	1/21	1/22
NO SCHOOL	<p>1.Cheesy Bread Dunkers with Marinara Sauce, Steamed Green Beans, Chilled Fruit, Milk</p> <p>2.Ham Sub Box, Chilled Peas, Chilled Fruit, Milk</p> <p>3.Sunbutter and Jelly Sandwich, Chilled Peas, Chilled Fruit, Milk</p>	<p>1.Roast Turkey and Gravy, Mashed Potatoes, Dinner Roll, Fresh Banana, Holiday Cookie, Milk</p> <p>2.Turkey Sub Box, Black Beans, Fresh Banana, Holiday Cookie, Milk</p> <p>3.Sunbutter and Jelly Sandwich, Black Beans, Fresh Banana, Holiday Cookie, Milk</p>	<p>1.Chicken Taco with Shredded Cheese and Salsa, Black Bean and Corn Salad, Chilled Fruit, Milk</p> <p>2.Protein Power-Up Box, Fresh Broccoli, Chilled Fruit, Milk</p> <p>3.Sunbutter and Jelly Sandwich, Fresh Broccoli, Chilled Fruit, Milk</p>	<p>1.Fish and Chips served with Cilantro Lime Coleslaw, Fresh Orange, Milk</p> <p>2.Greek Salad, Celery Sticks, Fresh Orange, Milk</p> <p>3.Sunbutter and Jelly Sandwich, Celery Sticks, Fresh Orange, Milk</p>
1/25	1/26	1/27	1/28	1/29
<p>1.Crunchy Chicken and Waffle Stacker Sandwich, Tater Tots, Fresh Apple, Milk</p> <p>2.Italian Sub Box, Fresh Broccoli, Fresh Apple, Milk</p> <p>3.Sunbutter and Jelly Sandwich, Fresh Broccoli, Fresh Apple, Milk</p>	<p>1. Rodeo BBQ Pulled Pork Sandwich Baby Carrots, Chilled Fruit, Milk</p> <p>2.Ham Sub Box, Baby Carrots, Chilled Fruit, Milk</p> <p>3.Sunbutter and Jelly Sandwich, Baby Carrots, Chilled Fruit, Milk</p>	<p>1.Deep Dish Pizza, Steamed Broccoli, Fresh Banana, Milk</p> <p>2.Sandwich Bento Box, Chilled Broccoli, Fresh Banana, Milk</p> <p>3.Sunbutter and Jelly Sandwich, Chilled Broccoli, Fresh Banana, Milk</p>	<p>1.Popcorn Chicken, Emoji Fries, Steamed Peas, Chilled Fruit, Milk</p> <p>2.Yo-To-Go Box, Chilled Peas, Chilled Fruit, Milk</p> <p>3.Sunbutter and Jelly Sandwich, Chilled Peas, Chilled Fruit, Milk</p>	<p>1.Pavo al Horno with Habichuelas Guisadas and Dinner Roll, Fresh Orange, Milk</p> <p>2.Turkey Sub Box, Celery Sticks, Fresh Orange, Milk</p> <p>3.Sunbutter and Jelly Sandwich, Celery Sticks, Fresh Orange, Milk</p>

**PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES**

**Menu items are subject to change**