



**BLESSED SACRAMENT
LUNCH MENU PAGE 1
SEPTEMBER 2019**



Monday	Tuesday	Wednesday	Thursday	Friday
8/26	8/27	8/28	8/29	8/30
Meatball Sub, Steamed Peas, Chilled Fruit Ham and Cheese Sandwich, Celery Sticks, Chilled Fruit Minnie Mouse Salad with Breadstick, Celery Sticks, Chilled Fruit	Chicken Patty, Steamed Carrots, Fresh Fruit Ham and Cheese Sandwich, Baby Carrots, Fresh Fruit Minnie Mouse Salad with Breadstick, Baby Carrots, Fresh Fruit	Macaroni and Cheese, Steamed Broccoli, Chilled Fruit Chicken Salad Torpedo, Baby Carrots, Chilled Fruit Minnie Mouse Salad with Breadstick, Baby Carrots, Chilled Fruit	General Tso's Chicken with Rice, White Bean Salad, Fresh Fruit Ham and Cheese Sandwich, White Bean Salad, Fresh Fruit Minnie Mouse Salad with Breadstick, White Bean Salad, Fresh Fruit	Cheese Pizza, Steamed Corn, Chilled Fruit Chicken Salad Torpedo, White Bean Salad, Chilled Fruit Minnie Mouse Salad with Breadstick, White Bean Salad, Chilled Fruit
9/2	9/3	9/4	9/5	9/6
NO SCHOOL	Pasta and Sauce with Garlic Roll and Shredded Cheese, Steamed Peas, Fresh Fruit Bologna & Cheese Sandwich, Spinach Salad with Honey Mustard, Fresh Fruit Asian Grilled Chicken Salad with Breadstick, Spinach Salad with Honey Mustard, Fresh Fruit	Beef Nachos with Cheese Sauce and Salsa, Black Bean Salad, Chilled Fruit Tuna on Goldfish Bread With Goldfish Cracker, Spinach Salad with Honey Mustard , Chilled Fruit Asian Grilled Chicken Salad with Breadstick, Black Bean Salad , Chilled Fruit	<u>Fun on the Run</u> Cinnamon Sugar Pretzel Dunkers, with Sunbutter and String Cheese, Grape Tomatoes, Cookie, Fresh Fruit Bologna & Cheese Sandwich, Black Bean Salad , Cookie, Fresh Fruit Asian Grilled Chicken Salad with Breadstick, Black Bean Salad , Cookie, Fresh Fruit	Cheese Pizza, Cucumber Coins, Chilled Fruit Tuna on Goldfish Bread With Goldfish Cracker, Grape Tomatoes, Chilled Fruit Asian Grilled Chicken Salad with Breadstick, Grape Tomatoes, Chilled Fruit
9/9	9/10	9/11	9/12	9/13
Hot Dog, Sweet Potato Fries, Baked Beans, Fresh Fruit Crispy Chicken Wrap, Baked Beans, Fresh Fruit Grilled Chicken Caesar Salad with Parmesan Breadstick, Baked Beans, Fresh Fruit	Chicken Nuggets with Pasta Salad, Roasted Zucchini and Summer Squash, Chilled Fruit Italian on Torpedo, Side Salad, Chilled Fruit Grilled Chicken Caesar Salad with Parmesan Breadstick, Roasted Zucchini and Summer Squash, Chilled Fruit	Grilled Cheese and Bacon Sandwich, Emoji Fries, Fresh Fruit Crispy Chicken Wrap, Side Salad, Fresh Fruit Grilled Chicken Caesar Salad with Parmesan Breadstick, Emoji Fries, Fresh Fruit	Meatloaf with Gravy, Mashed Potatoes, Dinner Roll, Steamed Corn, Chilled Fruit Italian on Torpedo, Baby Carrots, Chilled Fruit Grilled Chicken Caesar Salad with Parmesan Breadstick, Baby Carrots, Fresh Fruit	Cheese Pizza, Side Salad, Rice Krispie, Fresh Fruit Crispy Chicken Wrap, Side Salad, Rice Krispie, Fresh Fruit Grilled Chicken Caesar Salad with Parmesan Breadstick, Baby Carrots, Rice Krispie, Fresh Fruit
CHOICE OF 1% AND FAT FREE FLAVORED MILK SERVED DAILY SUN BUTTER & JELLY AND CHEESE SANDWICH SERVED AS A ALTERNATIVE OFFERED DAILY CHILLED OR FRESH FRUIT OFFERED DAILY				
PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES		PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES		



**BLESSED SACRAMENT
LUNCH MENU PAGE 2
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9/16	9/17	9/18	9/19	9/20
Cheeseburger on a Roll, Three Bean Mozz Salad, Chilled Fruit Turkey BLT Sandwich, Three Bean Mozz Salad, Chilled Fruit Crispy Chicken Salad with Pretzel Bites, Three Bean Mozz Salad, Chilled Fruit	Asian Chicken Lo Mein, Grape Tomatoes, Scooby Snacks, Fresh Fruit Chicken Caesar Wrap, Grape Tomatoes, Scooby Snacks, Fresh Fruit Crispy Chicken Salad with Pretzel Bites, Three Bean Mozz Salad, Scooby Snacks, Fresh Fruit	Steak and Cheese Sandwich, Oven Fries, Green Pepper Strips, Chilled Fruit Turkey BLT Sandwich, Green Pepper Strips, Chilled Fruit Crispy Chicken Salad with Pretzel Bites, Green Pepper Strips, Chilled Fruit	Chicken Taco with Rice and Beans, Salsa, Side Salad, Pretzels, Fresh Fruit Chicken Caesar Wrap, Side Salad, Pretzels, Fresh Fruit Crispy Chicken Salad with Pretzel Bites, Three Bean Salad, Pretzels, Fresh Fruit	Cheese Pizza, Cucumber Coins, Chilled Fruit Turkey BLT Sandwich, Cucumber Coins, Chilled Fruit Crispy Chicken Salad with Pretzel Bites, Cucumber Coins, Chilled Fruit
9/23	9/24	9/25	9/26	9/27
Chicken Parmesan Sandwich, Baby Carrots, Fresh Fruit Turkey & Cheese Sandwich, Baby Carrots, Fresh Fruit Turkey BLT Salad with Breadstick, Tex Mex Garbanzo Beans, Fresh Fruit	Chicken and Cheese Quesadilla, Spanish Rice, Tex Mex Garbanzo Beans, Chilled Fruit Grilled Chicken with Lettuce and Tomato, Zucchini Coins, Chilled Fruit Turkey BLT Salad with Breadstick, Tex Mex Garbanzo Beans, Chilled Fruit	French Toast with Syrup and Sausage, Homefries, Fresh Fruit Turkey & Cheese Sandwich, Zucchini Coins, Fresh Fruit Turkey BLT Salad with Breadstick, Zucchini Coins, Fresh Fruit	Turkey and Gravy with Biscuit, Mashed Potatoes, Roasted Cauliflower, Chilled Fruit Grilled Chicken with Lettuce and Tomato, Roasted Cauliflower, Chilled Fruit Turkey BLT Salad with Breadstick, Roasted Cauliflower, Chilled Fruit	Cheese Pizza, Fresh Broccoli, Fresh Fruit Turkey & Cheese Sandwich, Baby Carrots, Fresh Fruit Turkey BLT Salad with Breadstick, Baby Carrots, Fresh Fruit
CHOICE OF 1% AND FAT FREE FLAVORED MILK SERVED DAILY SUN BUTTER & JELLY AND CHEESE SANDWICH SERVED AS A ALTERNATIVE OFFERED DAILY CHILLED OR FRESH FRUIT OFFERED DAILY				
PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES		Menu items are subject to change		