



# Come Run/Walk With Us!

**Ashley Reservoir/ Elks Lodge  
Holyoke, MA**

**Sunday, May 5, 2019**

Sponsored by the Faculty & Staff

**\$30/\$25pp for groups of 4 or more: Jan. 23 - Mar. 31**

**\$35/\$30pp for groups of 4 or more: Apr. 1 - Apr. 22**

## **Price Includes:**

1:00 Race Start

Guaranteed t-shirt if registered by Friday, March 15th

Fit Bit Zip for first 150 registrants

Catered lunch (after race)

Awards/Prizes

Kid Zone: face paint, games, activities

Raffles: General, Grand, 50/50

Silent Auction

Live Music

Online race registration (plus processing fee): <http://blessed5k.racewire.com>

**Registration is open until Monday, April 22nd at 11:59p.m.**

If you would like to join us for just lunch and post race activities, lunch tickets are available for purchase (\$10pp).

Checks made payable to: Blessed Sacrament School  
c/o Blessed 5K Committee  
21 Westfield Rd.  
Holyoke, MA 01040

**Please return your mail in registration form and check by: Monday, April 22nd**

**Blessed 5K Registration**

Name: \_\_\_\_\_ Email: \_\_\_\_\_ Gender: M/F

Birth date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age on race day: \_\_\_\_ T-Shirt Size: Adult XS, S, M, L, XL, XXL; Youth XS, S, M, L

Phone #: ( ) \_\_\_\_\_ Cell # for text results: ( ) \_\_\_\_\_

Address: \_\_\_\_\_

**Participant #2:** Name: \_\_\_\_\_ Gender: M/F

Birth date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age on race day: \_\_\_\_ T-Shirt Size: Adult XS, S, M, L, XL, XXL; Youth XS, S, M, L

**Participant #3:** Name: \_\_\_\_\_ Gender: M/F

Birth date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age on race day: \_\_\_\_ T-Shirt Size: Adult XS, S, M, L, XL, XXL; Youth XS, S, M, L

**Participant #4:** Name: \_\_\_\_\_ Gender: M/F

Birth date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age on race day: \_\_\_\_ T-Shirt Size: Adult XS, S, M, L, XL, XXL; Youth XS, S, M, L

**Participant #5:** Name: \_\_\_\_\_ Gender: M/F

Birth date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age on race day: \_\_\_\_ T-Shirt Size: Adult XS, S, M, L, XL, XXL; Youth XS, S, M, L

**Additional Lunch (\$10pp): #of lunches** \_\_\_\_\_ **Total Amount Enclosed \$** \_\_\_\_\_

**Blessed 5 K Waiver**

I know that running/walking a road race is potentially a hazardous activity, which could cause injury or death. I will not enter and participate unless I am medically able and properly trained. I assume all risks associated with running/walking in this event. I understand that bicycles, in-line skates, animals, and personal music players are not allowed in the race and I will abide by all race rules. Having read this waiver and knowing these facts and inconsideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Blessed 5K, all event sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I also allow Blessed 5K to use any photos of me during the race for promotional purposes. I understand that this event does not provide for refunds in the event of a cancellation, and by signing this waiver, I consent that I am not entitled to a refund if the event is cancelled before or during the event.

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Name: \_\_\_\_\_ Date: \_\_\_\_\_

(Waiver needs to be signed by each participant in order to walk/run.)