HOLYOKE PUBLIC SCHOOLS
BLESSED SACRAMENT LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
10/5	**10/6**	**10/7**	**10/8**	**10/9**
1.Mozzarella Breadsticks, Steamed Carrots, Fresh Apple, Milk **2.Sandwich Bento Box, Baby Carrots, Fresh Apple, Milk** **3.Sunbutter and Jelly Sandwich, Baby Carrots, Fresh Apple, Milk**	**1.Cheeseburger, Steamed Peas, Chilled Fruit, Milk** **2.Ham Sub Box, Chilled Peas, Chilled Fruit, Milk** **3.Sunbutter and Jelly Sandwich, Chilled Peas, Chilled Fruit, Milk**	**1.Chicken Patty Sandwich, Black Beans, Fresh Banana, Milk** **2.Turkey Sub Box, Black Beans, Fresh Banana, Milk** **3.Sunbutter and Jelly Sandwich, Black Beans, Fresh Banana, Milk**	**1.Popcorn Chicken, Steamed Broccoli, Chilled Fruit, Milk** **2.Protein Power-Up Box, Fresh Broccoli, Chilled Fruit, Milk** **3.Sunbutter and Jelly Sandwich, Fresh Broccoli, Chilled Fruit, Milk**	**1.Cheese Pizza, Celery Sticks, Fresh Orange, Milk** **2.Greek Salad, Celery Sticks, Fresh Orange, Milk** **3.Sunbutter and Jelly Sandwich, Celery Sticks, Fresh Orange, Milk**
10/12	**10/13**	**10/14**	**10/15**	**10/16**
COLUMBUS DAY **NO SCHOOL**	**1. Cheese Pizza, Steamed Carrots, Chilled Fruit, Milk** **2.Ham Sub Box, Baby Carrots, Chilled Fruit, Milk** **3.Sunbutter and Jelly Sandwich, Baby Carrots, Chilled Fruit, Milk**	**1.Popcorn Chicken, Steamed Peas, Fresh Banana, Milk** **2.Sandwich Bento Box, Chilled Peas, Fresh Banana, Milk** **3.Sunbutter and Jelly Sandwich, Chilled Peas, Fresh Banana, Milk**	**1.Chicken Patty Sandwich, Roasted Italian Chickpeas, Chilled Fruit, Milk** **2.Yo-To-Go Box, Roasted Italian Chickpeas, Chilled Fruit, Milk** **3.Sunbutter and Jelly Sandwich, Roasted Italian Chickpeas, Chilled Fruit, Milk**	**1.Chicken and Waffle Stacker, Tater Tots, Celery Sticks, Fresh Orange, Milk** **2.Turkey Sub Box, Celery Sticks, Fresh Orange, Milk** **3.Sunbutter and Jelly Sandwich, Celery Sticks, Fresh Orange, Milk**
10/19	**10/20**	**10/21**	**10/22**	**10/23**
1.Chicken Patty Sandwich, Steamed Carrots, Fresh Apple, Milk **2.Ham Sub Box, Baby Carrots, Fresh Apple, Milk** **3.Sunbutter and Jelly Sandwich, Baby Carrots, Fresh Apple, Milk**	**1.Chicken Nuggets, Mixed Vegetables, Chilled Fruit, Milk** **2.Protein Power-Up Box, Cucumber Coins, Chilled Fruit, Milk** **3.Sunbutter and Jelly Sandwich, Cucumber Coins, Chilled Fruit, Milk**	**1.Teriyaki Rice Bowl, Steamed Broccoli, Fresh Banana, Milk** **2.Ham Sub Box, Fresh Broccoli, Fresh Banana, Milk** **3.Sunbutter and Jelly Sandwich, Fresh Broccoli, Fresh Banana, Milk**	**1.Hamburger, Steamed Corn, Chilled Fruit, Milk** **2.Chef Salad, Chilled Corn, Chilled Fruit, Milk** **3.Sunbutter and Jelly Sandwich, Chilled Corn, Chilled Fruit, Milk**	**1.Cheese Pizza, Roasted Italian Chickpeas, Fresh Orange, Milk** **2.Turkey Sub Box, Roasted Italian Chickpeas, Fresh Orange, Milk** **3.Sunbutter and Jelly Sandwich, Roasted Italian Chickpeas, Fresh Orange, Milk**
10/26	**10/27**	**10/28**	**10/29**	**10/30**
1.Breakfast for Lunch (Waffles and Sausage), Tater Tots, Celery Sticks, Fresh Apple, Milk **2.Yo-To-Go Box, Celery Sticks, Fresh Apple, Milk** **3.Sunbutter and Jelly Sandwich, Celery Sticks, Fresh Apple, Milk**	**1.Cheese Pizza, Steamed Carrots, Chilled Fruit, Milk** **2.Turkey Sub Box, Baby Carrots, Chilled Fruit, Milk** **3.Sunbutter and Jelly Sandwich, Baby Carrots, Chilled Fruit, Milk**	**1.Beef Nachos, Black Beans, Fresh Banana, Milk** **2.Italian Sub Box, Black Beans, Fresh Banana, Milk** **3.Sunbutter and Jelly Sandwich, Black Beans, Fresh Banana, Milk**	**1.Chicken and Cheese Burrito, Steamed Corn, Chilled Fruit, Milk** **2.Ham Sub Box, Chilled Corn, Chilled Fruit, Milk** **3.Sunbutter and Jelly Sandwich, Chilled Corn, Chilled Fruit, Milk**	**1.Macaroni and Cheese, Steamed Broccoli, Fresh Orange, Milk** **2.Turkey Sub Box, Fresh Broccoli, Fresh Orange, Milk** **3.Sunbutter and Jelly Sandwich, Fresh Broccoli, Fresh Orange, Milk**

PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES	**Menu items are subject to change**