

**HOLYOKE PUBLIC SCHOOLS
BLESSED SACRAMENT
LUNCH MENU**



Monday	Tuesday	Wednesday	Thursday	Friday
11/2	11/3	11/4	11/5	11/6
<p>1.Rotini and Meatsauce, Steamed Broccoli, Fresh Apple, Milk</p> <p>2.Pizza Bento Box, Fresh Broccoli, Fresh Apple, Milk</p> <p>3.Sunbutter and Jelly Sandwich, Fresh Broccoli, Fresh Apple, Milk</p>	<p>NO SCHOOL</p>	<p>1.Chicken Nuggets, Brown Rice, Steamed Carrots, Fresh Banana, Milk</p> <p>2.Chicken Caesar Salad, Baby Carrots, Fresh Banana, Milk</p> <p>3.Sunbutter and Jelly Sandwich, Baby Carrots, Fresh Banana, Milk</p>	<p>1.Cheeseburger, Roasted Zucchini, Chilled Fruit, Milk</p> <p>2.Turkey Sub Box, Zucchini Coins, Chilled Fruit, Milk</p> <p>3.Sunbutter and Jelly Sandwich, Zucchini Coins, Chilled Fruit, Milk</p>	<p>1.Chicken Patty Sandwich, French Fries, Fresh Orange, Milk</p> <p>2.Sandwich Bento Box, Chilled Peas, Fresh Orange, Milk</p> <p>3.Sunbutter and Jelly Sandwich, Chilled Peas, Fresh Orange, Milk</p>
11/9	11/10	11/11	11/12	11/13
<p>1.Mozzarella Breadsticks, Steamed Carrots, Fresh Apple, Milk</p> <p>2.Sandwich Bento Box, Baby Carrots, Fresh Apple, Milk</p> <p>3.Sunbutter and Jelly Sandwich, Baby Carrots, Fresh Apple, Milk</p>	<p>1.Cheeseburger, Steamed Peas, Chilled Fruit, Milk</p> <p>2.Ham Sub Box, Chilled Peas, Chilled Fruit, Milk</p> <p>3.Sunbutter and Jelly Sandwich, Chilled Peas, Chilled Fruit, Milk</p>	<p>NO SCHOOL</p>	<p>1.Meatball Sub, Steamed Broccoli, Chilled Fruit, Milk</p> <p>2.Protein Power-Up Box, Fresh Broccoli, Chilled Fruit, Milk</p> <p>3.Sunbutter and Jelly Sandwich, Fresh Broccoli, Chilled Fruit, Milk</p>	<p>1.Fish Taco, Black Beans, Fresh Orange, Milk</p> <p>2.Greek Salad, Celery Sticks, Fresh Orange, Milk</p> <p>3.Sunbutter and Jelly Sandwich, Celery Sticks, Fresh Orange, Milk</p>
11/16	11/17	11/18	11/19	11/20
<p>1.Cheese Pizza, Steamed Broccoli, Fresh Apple, Milk</p> <p>2.Italian Sub Box, Fresh Broccoli, Fresh Apple, Milk</p> <p>3.Sunbutter and Jelly Sandwich, Fresh Broccoli, Fresh Apple, Milk</p>	<p>1. BBQ Pulled Pork Sandwich, Steamed Carrots, Chilled Fruit, Milk</p> <p>2.Ham Sub Box, Baby Carrots, Chilled Fruit, Milk</p> <p>3.Sunbutter and Jelly Sandwich, Baby Carrots, Chilled Fruit, Milk</p>	<p>1.Popcorn Chicken, French Fries, Steamed Peas, Fresh Banana, Milk</p> <p>2.Sandwich Bento Box, Chilled Peas, Fresh Banana, Milk</p> <p>3.Sunbutter and Jelly Sandwich, Chilled Peas, Fresh Banana, Milk</p>	<p>1.Grilled Ham and Cheese, Roasted Italian Chickpeas, Chilled Fruit, Milk</p> <p>2.Yo-To-Go Box, Roasted Italian Chickpeas, Chilled Fruit, Milk</p> <p>3.Sunbutter and Jelly Sandwich, Roasted Italian Chickpeas, Chilled Fruit, Milk</p>	<p>1.Chicken and Waffle Stackers, Tater Tots, Celery Sticks, Fresh Orange, Milk</p> <p>2.Turkey Sub Box, Celery Sticks, Fresh Orange, Milk</p> <p>3.Sunbutter and Jelly Sandwich, Celery Sticks, Fresh Orange, Milk</p>
11/23	11/24	11/25	11/26	11/27
<p>1.Chicken Parm Sandwich, Steamed Carrots, Fresh Apple, Milk</p> <p>2.Ham Sub Box, Baby Carrots, Fresh Apple, Milk</p> <p>3.Sunbutter and Jelly Sandwich, Baby Carrots, Fresh Apple, Milk</p>	<p>1.Hamburger, Mixed Vegetables, Chilled Fruit, Milk</p> <p>2.Protein Power-Up Box, Cucumber Coins, Chilled Fruit, Milk</p> <p>3.Sunbutter and Jelly Sandwich, Cucumber Coins, Chilled Fruit, Milk</p>	<p>NO SCHOOL</p>	<p>NO SCHOOL</p>	<p>NO SCHOOL</p>

PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES

Menu items are subject to change