



**BLESSED SACRAMENT  
LUNCH MENU  
OCTOBER 2021**



Monday	Tuesday	Wednesday	Thursday	Friday
10/4	10/5	10/6	10/7	10/8
1. Italian Meatball Sub, Steamed Carrots, Fresh Fruit 2. Sazon Chicken Sandwich, Baby Carrots, Fresh Fruit 3. Fiesta Salad with Dinner Roll, Baby Carrots, Fresh Fruit	1. Breakfast for Lunch (French Toast Sticks and Sausage with Syrup), Hash Brown Rounds, Blueberries 2. American Wrap, Chilled Peas, Blueberries 3. Pinwheel Bento Box, Chilled Peas, Blueberries	1. Hot Dog with French Fries, Baked Beans, Fresh Fruit 2. Sazon Chicken Sandwich, Roasted Garbanzo Beans, Fresh Fruit 3. Fiesta Salad with Dinner Roll, Roasted Garbanzo Beans, Fresh Fruit	1. Tacos Nachos, Steamed Broccoli, Chilled Fruit 2. American Wrap, Fresh Broccoli Florets, Chilled Fruit 3. Pinwheel Bento Box, Fresh Broccoli Florets, Chilled Fruit	1. Cheese Pizza or Pepperoni Pizza, Steamed Peas, Fresh Fruit 2. Sazon Chicken Sandwich, Zucchini Coins, Fresh Fruit 3. Fiesta Salad with Dinner Roll, Zucchini Coins, Fresh Fruit
10/11	10/12	10/13	10/14	10/15
NO SCHOOL	1. Baked Penne Pasta with Garlic Knot, Steamed Green Beans, Chilled Fruit 2. Turkey BLT Sandwich, Zucchini Coins, Chilled Fruit 3. Sandwich Bento Box, Zucchini Coins, Chilled Fruit	1. Pavo al Horno con HabicheulasGuisadas y Arroz, Steamed Carrots, Fresh Fruit 2. Crispy Chicken Wrap, Cherry Tomatoes, Fresh Fruit 3. Chicken Caesar Salad with Parmesan Breadstick, Cherry Tomatoes Fresh Fruit	1. Popcorn Chicken with PotatoWedges, Baked Beans, Chilled Fruit 2. Turkey BLT Sandwich, Roasted Garbanzo Beans, Chilled Fruit 3. Sandwich Bento Box, Roasted Garbanzo Beans, Chilled Fruit	1. Cheese Pizza or Pepperoni Pizza, Steamed Broccoli, Fresh Fruit 2. Crispy Chicken Wrap, Fresh Broccoli Florets, Fresh Fruit 3. Chicken Caesar Salad with Parmesan Breadstick, Fresh Broccoli, Fresh Fruit
10/18	10/19	10/20	10/21	10/22
1. Macaroni and Cheese with Dinner Roll, Roasted Broccoli, Fresh Fruit 2. Shredded Pork Sandwich, Fresh Broccoli Florets, Fresh Fruit 3. Chef Salad with Dinner Roll, Fresh Broccoli Florets, Fresh Fruit	1. Giant Soft Turkey Taco, Black Beans, Chilled Fruit 2. BBQ Chicken Sub, Black Beans, Chilled Fruit 3. Fun on the Run Box, Black Beans, Chilled Fruit	1. Fajita Steak Bowl with Rice, Aztec Corn, Fresh Fruit 2. Shredded Pork Sandwich, Chilled Peas, Fresh Fruit 3. Chef Salad with Dinner Roll, Chilled Peas, Fresh Fruit	1. Crispy Chicken Sandwich with Sweet Potato Fries, Steamed Carrots, Chilled Fruit 2. BBQ Chicken Sub, Baby Carrots, Chilled Fruit 3. Fun on the Run Box, Baby Carrots, Chilled Fruit	1. Cheese Pizza or Pepperoni Pizza, Steamed Green Beans, Roasted Garbanzo Beans, Fresh Fruit 2. Shredded Pork Sandwich, Roasted Garbanzo Beans, Fresh Fruit 3. Chef Salad with Dinner Roll, Roasted Garbanzo Beans, Fresh Fruit
10/25	10/26	10/27	10/28	10/29
1. Mozzarella Stuffed Breadsticks with Marinara Sauce, Steamed Broccoli, Fresh Fruit 2. Salami and Cheese Sandwich, Fresh Broccoli Florets, Fresh Fruit 3. Crispy Chicken Salad with Breadstick, Fresh Broccoli Florets, Fresh Fruit	1. Chicken and Waffle Stacker with Tater Tots, Baked Cinnamon Apples 2. Buffalo Chicken Wrap, Chilled Peas, Baked Cinnamon Apples 3. Pizza Bento Box, Chilled Peas, Baked Cinnamon Apples	1. Pernil al Horno served over Arroz con Habichuelas y Platanos, Steamed Carrots, Fresh Fruit 2. Salami and Cheese Sandwich, Baby Carrots, Fresh Fruit 3. Crispy Chicken Salad with Breadstick, Baby Carrots, Fresh Fruit	1. Chicken Alfredo Mac with Garlic Knot, Steamed Green Beans, Chilled Fruit 2. Buffalo Chicken Wrap, Zucchini Coins, Chilled Fruit 3. Pizza Bento Box, Zucchini Coins, Chilled Fruit	1. Cheese Pizza or Pepperoni Pizza, Roasted Garbanzo Beans, Fresh Fruit 2. Salami and Cheese Sandwich, Roasted Garbanzo Beans, Fresh Fruit 3. Crispy Chicken Salad with Breadstick, Roasted Garbanzo Beans, Fresh Fruit
1% AND FAT FREE FLAVORED MILK OFFERED DAILY SUNBUTTER AND JELLY SANDWICH OFFERED DAILY				
PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES		Menu items are subject to change		