



**BLESSED SACRAMENT
LUNCH MENU
MAY 2022**



Monday	Tuesday	Wednesday	Thursday	Friday
5/2	5/3	5/4	5/5	5/6
1. Beef, Bean and Cheese Burrito with Salsa, Steamed Carrots, Fresh Fruit 2. Sazon Chicken Sandwich, Baby Carrots, Fresh Fruit 3. Fiesta Salad with Dinner Roll, Baby Carrots, Fresh Fruit	1. Breakfast for Lunch (French Toast Sticks with Sausage Patty and Syrup), Hash Brown Rounds, Blueberries 2. American Wrap, Chilled Peas, Blueberries 3. Pinwheel Bento Box, Chilled Peas, Blueberries	1. Roasted Chicken with Whole Grain Biscuit, Baked Beans, Fresh Fruit 2. Sazon Chicken Sandwich, Roasted Garbanzo Beans, Fresh Fruit 3. Fiesta Salad with Dinner Roll, Roasted Garbanzo Beans, Fresh Fruit	1. Tacos Nachos with Salsa, Aztec Corn, Chilled Fruit 2. American Wrap, Baby Carrots, Chilled Fruit 3. Pinwheel Bento Box, Baby Carrots, Chilled Fruit	1. Cheese Pizza or Pepperoni Pizza, Steamed Broccoli, Fresh Fruit 2. Sazon Chicken Sandwich, Fresh Broccoli Florets, Fresh Fruit 3. Fiesta Salad with Dinner Roll, Fresh Broccoli Florets, Fresh Fruit
5/9	5/10	5/11	5/12	5/13
1. Italian Meatball Sub, Steamed Broccoli, Fresh Fruit 2. Crispy Chicken Wrap, Fresh Broccoli Florets, Fresh Fruit 3. Chicken Caesar Salad with Parmesan Breadstick, Fresh Broccoli Florets, Fresh Fruit	1. Grilled Ham and Cheese Sandwich with Tater Tots, Steamed Green Beans, Chilled Fruit 2. Turkey BLT Sandwich, Zucchini Coins, Chilled Fruit 3. Sandwich Bento Box, Zucchini Coins, Chilled Fruit	1. Pollo Salteado con Arroz y Habichuelas Guisadas, Steamed Carrots, Fresh Fruit 2. Crispy Chicken Wrap, Baby Carrots, Fresh Fruit 3. Chicken Caesar Salad with Parmesan Breadstick, Baby Carrots, Fresh Fruit	1. Popcorn Chicken with Potato Wedges and Dinner Roll, Baked Beans, Chilled Fruit 2. Turkey BLT Sandwich, Roasted Garbanzo Beans, Chilled Fruit 3. Sandwich Bento Box, Roasted Garbanzo Beans, Chilled Fruit	1. Cheese Pizza or Buffalo Chicken Pizza, Steamed Corn, Fresh Fruit 2. Crispy Chicken Wrap, Chilled Peas, Fresh Fruit 3. Chicken Caesar Salad with Parmesan Breadstick, Chilled Peas, Fresh Fruit
5/16	5/17	5/18	5/19	5/20
1. Macaroni and Cheese with Dinner Roll, Roasted Broccoli, Fresh Fruit 2. Shredded Pork Sandwich, Fresh Broccoli Florets, Fresh Fruit 3. Chef Salad with Dinner Roll, Fresh Broccoli Florets, Fresh Fruit	1. Beef Taco with Salsa, Black Beans, Chilled Fruit 2. BBQ Chicken Sub, Roasted Garbanzo Beans, Chilled Fruit 3. Fun on the Run Box, Roasted Garbanzo Beans, Chilled Fruit	1. Homestyle Chicken Bowl with Dinner Roll, Steamed Peas, Fresh Fruit 2. Shredded Pork Sandwich, Chilled Peas, Fresh Fruit 3. Chef Salad with Dinner Roll, Chilled Peas, Fresh Fruit	1. Crispy Chicken Sandwich with Sweet Potato Fries, Roasted Broccoli and Carrots, Chilled Fruit 2. BBQ Chicken Sub, Fresh Broccoli Florets, Chilled Fruit 3. Fun on the Run Box, Fresh Broccoli Florets, Chilled Fruit	1. Cheese Pizza or Pepperoni Pizza, Steamed Green Beans, Fresh Fruit 2. Shredded Pork Sandwich, Zucchini Coins, Fresh Fruit 3. Chef Salad with Dinner Roll, Zucchini Coins, Fresh Fruit
5/23	5/24	5/25	5/26	5/27
1. Cheese Ravioli with Garlic Knot, Steamed Broccoli, Fresh Fruit 2. Salami and Cheese Sandwich, Fresh Broccoli Florets, Fresh Fruit 3. Crispy Chicken Salad with Breadstick, Fresh Broccoli Florets, Fresh Fruit	1. Chicken and Waffle Stacker with Tater Tots, Baked Cinnamon Apples 2. Buffalo Chicken Wrap, Chilled Peas, Chilled Fruit 3. Pizza Bento Box, Chilled Peas, Chilled Fruit	1. Pernil al Horno served over Arroz con Habichuelas y Platanos, Steamed Carrots, Fresh Fruit 2. Salami and Cheese Sandwich, Baby Carrots, Fresh Fruit 3. Crispy Chicken Salad with Breadstick, Baby Carrots, Fresh Fruit	1. Hot Dog with French Fries, Steamed Green Beans, Chilled Fruit 2. Buffalo Chicken Wrap, Zucchini Coins, Chilled Fruit 3. Pizza Bento Box, Zucchini Coins, Chilled Fruit	1. Cheese Pizza or Hawaiian Pizza, Roasted Garbanzo Beans, Fresh Fruit 2. Salami and Cheese Sandwich, Roasted Garbanzo Beans, Fresh Fruit 3. Crispy Chicken Salad with Breadstick, Roasted Garbanzo Beans, Fresh Fruit
5/30	5/31	6/1	6/2	6/3
NO SCHOOL	1. Cheeseburger with French Fries, Baked Beans, Chilled Fruit 2. Turkey and Cheese Sandwich, Roasted Garbanzo Beans, Chilled Fruit 3. Fruit and Yogurt Bento Box, Roasted Garbanzo Beans, Chilled Fruit	1. Sazon Pork Bowl, Roasted Sweet Potatoes, Fresh Fruit 2. Ham and Cheese Sandwich, Baby Carrots, Fresh Fruit 3. Garden Green Salad with Breadstick, Baby Carrots, Fresh Fruit	1. Chicken and Cheese Quesadilla with Salsa, Black Bean and Corn Salad, Chilled Fruit 2. Turkey and Cheese Sandwich, Cherry Tomatoes, Chilled Fruit 3. Fruit and Yogurt Bento Box, Cherry Tomatoes, Chilled Fruit	1. Cheese Pizza or BBQ Chicken Pizza, Steamed Corn, Fresh Fruit 2. Ham and Cheese Sandwich, Chilled Peas, Fresh Fruit 3. Garden Green Salad with Breadstick, Chilled Peas, Fresh Fruit
1% and Fat Free Flavored Milk Offered Daily, Sunbutter and Jelly Offered Daily, Chilled or Fresh Fruit Offered Daily				
PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES			Menu items are subject to change	